

Sharing His Hopewell Experience

After experiencing an episode of psychosis, Jonathan arrived at Hopewell in 2017. For many of his previous treatments, he struggled to find the right psychiatric medication. During his ten-month stay at Hopewell, he found solace in the community and being able to “get better with his peers.” Thankfully, **Dr. Martha Schinagle**, a Hopewell psychiatrist, was also able to help him find a medication regimen that was low on side effects and high on symptom reduction.

A graduate of the Cleveland Institute of Art, Jonathan immersed himself in art therapy, experimenting with painting and working in the woodshop. He also participated in eco-therapy with clinician **Cecelia Futch, LPCC-S**. She said, “Research shows that time spent in natural settings has health benefits that go a long way toward ameliorating symptoms of physical and mental illness. Jonathan participated in equine therapy as well as nature walks and gardening. He gained life skills that continue to inform his behavior and life choices.”

Jonathan is grateful to Hopewell for giving him tools to deal with his mental health and the ability to share his lived experience. He is now a Peer Support Specialist for the FIRST program, which is a partnership in Cuyahoga County between Catholic Charities and Northeast Ohio Medical University’s BeST Center. FIRST programs provide comprehensive,



Jonathan showing off the Jimi Hendrix mural he painted at the Cleveland Agora.

team-based treatment aimed at improving the mental health and quality of life for individuals who have experienced a first episode of psychosis, as well as ongoing treatment particularly for individuals with a schizophrenia spectrum disorder.

As a Peer Support Specialist, Jonathan meets with individuals and shares elements of his recovery from psychosis to promote mental health. They may attend NAMI meetings together, go on hikes, engage in community talks, and he serves as a mentor as they journey through their diagnosis. He recently appeared in a video designed to address the challenges involved with disclosing a mental health condition to the public. (www.youtube.com/watch?v=0mbv8ZX_pJc)

Looking back to his days on the farm, he said, *“I am grateful to have had the chance to be at Hopewell. It was such a blessing for me, and I hope everyone with a serious mental health challenge may have an opportunity to go there.”*



Philanthropy Makes a Difference at Hopewell



As we head into full summer at Hopewell, the corn in the fields around us is improbably high—I see this growth every year, yet it still stuns me with its aspirations. Our residents are taking advantage of the season—the weekend before I write this, they enjoyed a “luau” put together by our staff (because a humid August day in Ohio at times can

remind one of Polynesia), and we saw some smiles we haven’t seen in a while.

Our aspirations are high as well. The number of folks we serve has gone from a pandemic low of the mid-teens a year ago to over thirty. Philanthropy makes that possible.

Our “list prices” are among the lowest among our peers. We know of other residential communities that charge two, three or four times as much as we do. Thanks to philanthropy, we can make arrangements with qualifying families to bring fees even lower than that. Many of the residents at the luau last weekend simply could not have afforded to be at Hopewell if it were not for financial aid we provide thanks to the generosity of our donors.

Philanthropy covers about 40% of our costs, coming about equally from our endowment and from all the forms of annual philanthropy—grants, gifts, and benefit proceeds among them. Although insurance coverage is getting better for long-term treatment of mental illness, it is still very much the exception. Without it, most families simply cannot pay our list prices and thus many potential residents who could greatly benefit from our program may be shut out.

My personal aspiration is that we evolve to the position where any qualified prospective resident can receive the entire amount of financial aid that we calculate they should receive. We are not there today—we cannot fund every need, nor every level of need—but we are closer than before. And with continued growth in endowment and in yearly gifts, grants, and benefit proceeds, we will get there someday, and make the “best day ever at Hopewell” possible for many more people suffering with severe mental illness.

David H. Shute
Executive Director

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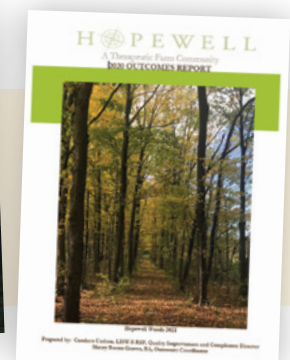
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View Hopewell’s 2020 Annual Report
and 2020 Outcomes Report at
www.hopewellcommunity.org/news



PLEASE JOIN US FOR THE 10TH ANNUAL DAVID M. CUTLER CONSERVATORY EXPLORING MENTAL HEALTH SERIES

“Overcoming Anxiety and Obsessive-Compulsive Disorder Through Cognitive Behavioral Therapy”

Speaker **Lata K. McGinn, Ph.D.**

Wednesday, October 6, 2021

Hors d'oeuvres by Zack Bruell Events
and wine reception at 5:30 pm
Program promptly at 6:30 pm

**Glidden House
1901 Ford Drive, Cleveland, Ohio 44106**

The event is free but reservations are required. Kindly reserve your seats prior to September 24 by contacting Audrey Katzman at 440-247-0912, ext. 2010 or email akatzman@hopewell.cc.

For more information and to register for Virtual Viewing and CEU information, please visit www.hopewellcommunity.org/events/exploring-mental-health.



Lata K. McGinn, Ph.D. specializes in the vulnerability, prevention, and treatment of stress, anxiety, trauma, OCD, depression, and related disorders using Cognitive Behavioral Therapy (CBT).

She is a clinical psychologist and Professor of Psychology and Director of the CBT training program at the Ferkauf Graduate School of Psychology, Yeshiva University, and is co-founder of Cognitive and Behavioral Consultants (CBC), an evidence-based treatment and training center in New York.

Her publications include multiple peer-reviewed journal articles, chapters, and her co-authored books, *Treatment of Obsessive-Compulsive Disorder* and *Treatment Plans and Interventions for Depression and Anxiety Disorders*.

Dr. McGinn's talk will be followed by a question and answer session, and preceded by a brief overview from Hopewell of its new obsessive-compulsive disorder program.

25th Anniversary Celebration Virtual Event

On Friday, June 25, Hopewell held our **25th Anniversary Celebration** which was streamed online. More than 120 people registered to view exclusive videos describing Hopewell's unique

treatment model and bid on a variety of live and silent auction items. The evening featured a “virtual greeting” from Hopewell founder **Clara T. Rankin** and descriptions of Hopewell's many residential programs.

The event, held in place of Hopewell's traditional Summer Solstice benefit, raised more than \$165,000 to provide fee assistance to current and future Hopewell residents. The total represented a 65% increase over the event's goal.



“We are extremely grateful for the continued support of our many individual and corporate sponsors,” said **Don Bernardo, Hopewell's Director of Development**. “Our presenting sponsor, **Hawthorn PNC Family**

Wealth, has supported us every year we have produced a benefit—twenty years! We also had a generous response from many contributors of items for our auctions.”

The 25th Anniversary Celebration was co-chaired by Hopewell board member **Dr. Susan Locke**, and **Mr. Walter Wirth**, a longtime Hopewell benefit volunteer. Professional auctioneer **Mark Schroeder** served as Master of Ceremonies, assisted by Don Bernardo at the studios of **Colortone**



Staging and Rental. Thank you to **Zack Bruell Events, Metropolitan Market** and **Ten10 Design** for contributing to sponsor and VIP ticket holder gift boxes.

“We trust that circumstances will allow us to gather again in person next June, but we were overwhelmed by the community response to our virtual event,” said Bernardo.

IN MEMORY OF WILLIAM D. GINN



The Board of Directors, staff and residents of Hopewell mourn the passing of **William D. Ginn**. Mr. Ginn was a member of the Hopewell Board of Directors from 1993 to 2014, and a member of our Council of Advisors until his passing on June 12.

William Ginn was born in 1923 in Media, Pennsylvania. He attended Bates College, served time in the US

Army during World War II, and later earned a law degree from Yale Law School. He and his wife, Arlene, moved to Shaker Heights after he joined the law firm Thompson Hine, where he had a 60-year career as a corporate lawyer and litigator.

Hopewell founder and life trustee **Clara T. Rankin** said, “Bill was instrumental in acquiring the Mesopotamia property. I will never forget the value that he brought to the beginnings of Hopewell and for being such an asset to our board.”

During his lifetime, Mr. Ginn served on more than 100 nonprofit boards and committees in support of their missions, visions, and values. He served on the board of Nordson Corporation from 1959 to 2010, recognized at that time as the longest serving member of a publicly held corporate board in the country.

Mr. Ginn was a passionate advocate for the environment and causes related to improving the plight of the poor, particularly children and the elderly. He will be remembered for caring deeply about others and working tirelessly to create opportunities for needy communities.

Musical Journey



Since the Musical Journey program began in 2016, music continues to help the residents follow their harmonious path. Residents and staff come together to learn songs and perform for the Hopewell family. The skills of musical arrangement, improvisation and individual musical ideas are encouraged, while incorporating cooperation and compromise into the sessions.

Group moderators are **Jim Miller**, a professional musician, and **Robert Weirich**, Hopewell’s Education Services Coordinator. They both use their musical and mental health coaching skills to work with residents who do not have a musical background, encouraging beginners to learn guitar, keyboard, wind, percussion, and vocals.

In Musical Journey, there is as much laughter as there is song. Jim said, “We think we are a great example of being a connected community at Hopewell!”

CREATIVITY IN NATURE

Cecelia Futch, LPCC-S, and Clare Conway, LPC, ATR-P, collaborated to provide an Eco-Art Anger Release Workshop. Residents wrote their angers and frustrations to burn and release, pounded the ashes into clay, talked to trees (nature allies), and expressed pent-up emotion in various ways. The workshop ended with residents tying bows around their personal ally trees as an act of gratitude for finding new and healthy ways to express anger. This was followed by a sound bath by the pond provided by Stacey Pickering playing her singing crystal bowls for the community.



Welcome, New Board Members



Robert T. Gale is the Chairman and CEO of Mid-West Forge Corporation, a Cleveland company and Tier One supplier of axle shafts to the automotive industry.

Rob earned his Bachelor of Arts from St. Lawrence University and his MBA from Case Western Reserve University's Weatherhead School of Management. After supporting Hopewell for years, Rob joins the Board hoping to contribute a level and sensible approach to building on the years of success that Hopewell has enjoyed. Rob and his wife, Leigh, have three children ages 7-11. They enjoy family activities, skiing, fishing, and travelling.



Jennifer Hartford is an active community volunteer, serving on several civic and nonprofit boards in the Cleveland area. As a strong supporter of Hopewell's mission, she

looks forward to being a member of the Board and learning more about the Hopewell community. Jennifer lives in Shaker Heights with her husband, Rob, and two daughters. She enjoys reading, gardening, and spending time with family and friends.

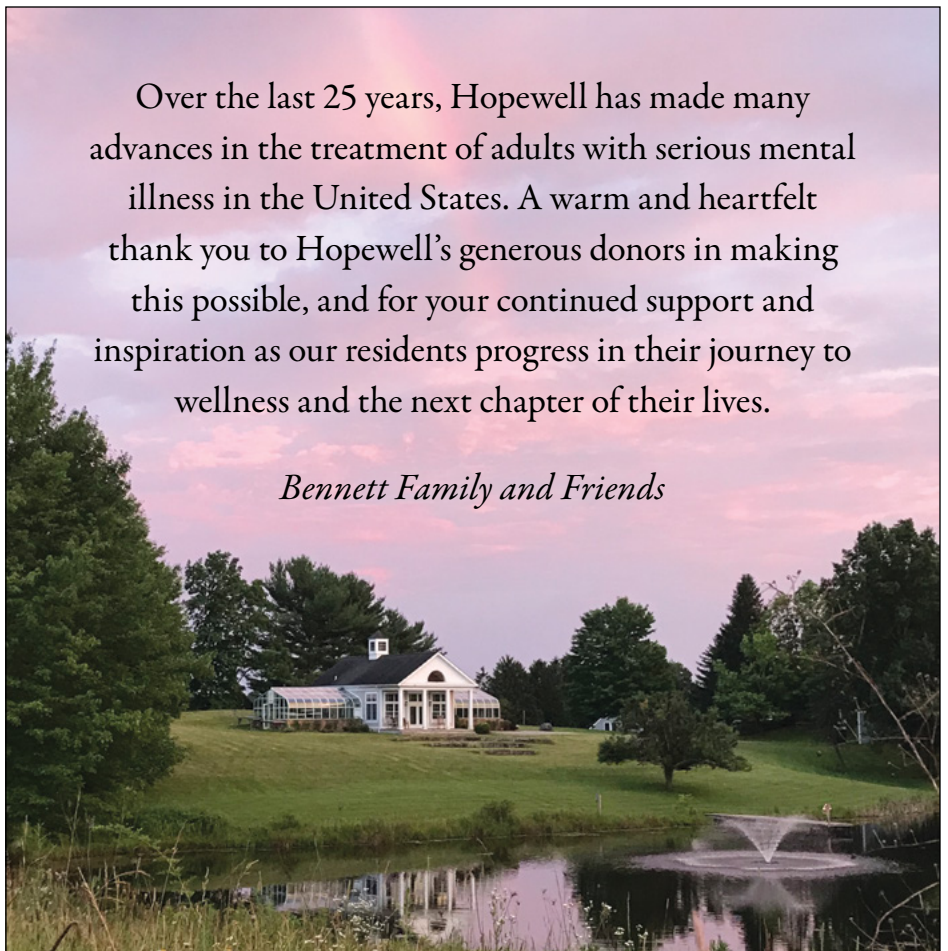


Robert L. Hartford, III serves on several local nonprofit boards including University School and the Cleveland Sight Center. He is excited to join the Hopewell board and to

help the organization grow and advance its mission. He brings extensive operational and sales and marketing experience from his time leading Prime Conduit, Inc., a Cleveland based national manufacturer of PVC electrical conduit and fittings. He lives in Shaker Heights with his wife, Jennifer, and two daughters.

Over the last 25 years, Hopewell has made many advances in the treatment of adults with serious mental illness in the United States. A warm and heartfelt thank you to Hopewell's generous donors in making this possible, and for your continued support and inspiration as our residents progress in their journey to wellness and the next chapter of their lives.

Bennett Family and Friends



Congrats to Hopewell's talented Staff, Community Members, and Supporters! Thank you for your 25 years of important and lifesaving work in our community!



In Loving Memory of
Connor Carr-Smith
(August 4, 2004 to
November 25, 2019)

*"As the sun lives on when it sets with the warmth it has given to others,
you too live on in the hearts of those whose lives you have touched."*

**To: Jenn, Brian, Caitlin, Caroline, and the
broad community who all loved Connor,**

Peace and Hope... Onward!

Sincerely yours, Laura Bauschard

OUR TEAM, OUR PASSIONS

COLLEEN WELDER



Before joining the Hopewell staff as a nurse in 2003, **Colleen Welder, RN, BC, Director of Program and Operations**, worked in inpatient psychiatry at University Hospitals of Cleveland and in community mental health nursing. Eighteen years later, her role has grown and changed from direct care to operations. She earned an MBA in health care management while at Hopewell and is part of the Leadership Team. She is involved in day-to-day staff supervision and management on the farm.

Since March, 2020, Colleen has concentrated on keeping Hopewell residents and staff safe and COVID free. She chairs the COVID planning committee and manages testing and vaccinations. Fortunately, we have had no resident cases of COVID and no spreading of COVID in the community.

Colleen's passion—horses—is a great way to de-stress after a long day. Horses have been a part of her life since childhood when she occasionally rode for pleasure. After college, she made riding a priority and has incorporated horses into many aspects of her life. Colleen and her daughter ride for exercise and to feel connected to nature. In addition, Colleen competes in dressage as an adult amateur and she qualified for regional championships in 2020 and 2021.

For Colleen, riding is more than a physical activity. “When I am on a horse, I am present, focused, and mindful,” she said. “If I come to the horse with anxieties, worries, and stress, I have to let go of tension and relax.” She continued, “Horses are amazing mirrors. If I have a bad day, it will be reflected in my ride, and if I have a bad ride, it's not the horse's fault. For me and my horse, a better ride—a better relationship—comes down to communicating effectively.”

To bring the benefits of working with horses to Hopewell residents, Colleen was certified in Equine Assisted Learning in 2005. “Despite its name, Equine Assisted Learning does not involve riding. All activities are on the ground,” Colleen explained. “The horse is your partner to help teach clients coping skills. As you work with someone, you ask them to do a task and observe the horse. You draw connections from what is happening with the horse to human interactions.” Though her priorities currently focus on operations management under COVID, she hopes to get back in the barn with residents when time allows.

Colleen said, “I enjoy being a part of community that brings meaning and purpose to people's lives. The word that comes to mind is belonging. Many people come to Hopewell feeling isolated and alone, and it is so satisfying to watch them grow and feel a part of something. I feel like I'm helping them find a connection or change for the better. On a great day, I see residents enjoying the present moment.”

FROM THE WISHING WELL

We appreciate non-monetary gifts-in-kind which enhance our activities and programs. Please contact **Don Bernardo, Director of Development** (dbernardo@hopewell.cc) for more information.

Can you grant one of these wishes?

- Computers: Through an arrangement with TechSoup, we can purchase Dell laptops and desktop models for \$880 and \$690 respectively.
- Rocking chairs for clinicians' offices
- Electric pole chain saw with adjustable head (\$99)
- Portable electric rototiller (\$110)
- Board games, kickballs, baseball equipment, soccer balls, footballs, frisbees

ITEMS ON HOPEWELL'S AMAZON.COM WISH LIST:

- Badminton set (\$127) and nets (\$56)
- Spikeball set (\$59)
- Marshmallow roasting forks (2 sets; \$17 each)
- Outdoor rocking chairs (3 needed, \$199 each) and end tables (2 needed, \$69 each)
- Life skills books for Transition Services Program

Please visit www.hopewellcommunity.org/support-us/wishing-well for more information and to connect our Amazon Wish List. Hopewell is a registered AmazonSmile Organization. Choose “Hopewell Inn” as your charity and Hopewell will receive .5% of the purchase price from your eligible AmazonSmile purchase.

WISHES GRANTED – THANK YOU!

Anonymous

Cooling towels and bandanas for all staff and residents
Oversized all-weather rocking chairs
Baseball equipment

Ashton Technology Solutions, Inc.

VIP and general admission tickets for Wonderstruck

Joseph and Susan Callahan

Two oversized all-weather rocking chairs

Richard Jeschelnig

Two desktop computers and one laptop

Lauren Marsh, The Martin Ranch, and RCM

Miniature Cattle Company

Two miniature cows

Clara T. Rankin

Scrabble game, painting set and drawing book

Donations of gifts-in-kind are tax deductible to the extent allowed by law. Donors will receive written acknowledgments for their records. For more information, please contact the Development Office at 440-247-0912.



STORMY AND JAYME LEE

A big welcome to our new mini-cows, Stormy and Jayme Lee. Staff member Theresa Merten found a source for miniature cows to add to our animal therapy program. Hand-raised and gentle, they are about 2/3 the size of an average cow and easy to work with. Thank you to Laura Marsh of the Martin Ranch, who sent us these new friends.

TRUMBULL COUNTY FAIR

Residents volunteered at the Trumbull County Fair, making milkshakes at the Dairy Bar. They did an amazing job and loved the chance to be part of the fair.



HONORARY AND MEMORIAL GIFTS

APRIL 24, 2021 – AUGUST 11, 2021

IN HONOR OF

Celeste Hein's birthday

Frances Buccilli

Kitty Makley

Anonymous

Clara T. Rankin

Frances and Peter Bутtenheim
Charley and Betsy Daane
Dr. Gösta and Mrs. Ninna
Pettersson

Caroline Taplin Ruschell
Gretchen D. Smith

Clara T. Rankin and her vision

Karen Shellgren

Chloe Seelbach

Mr. and Mrs. Claiborne R.
Rankin

Walter Wirth's birthday

Mr. and Mrs. Tony Damelio
Mr. and Mrs. Jeff Fisher
Mr. Joe Klema
John Pearson
Jennifer Regas
Mr. and Mrs. Paul Zorich

Uday Yadav

Mr. and Mrs. Christopher
M. Connor/The Connor
Foundation
Lopker Family Foundation
Dr. Surya Mohapatra
Mr. Silvio Napoli
Mr. Mark Patel
Mr. Gerald Smith
Karen and Bret Taylor

IN MEMORY OF

William Ginn

Mrs. Alfred M. Rankin

Helen Hart Grima

JoAnn Grima MacKenzie

Nicholas Pompeani

Lori Friedman

David Wasserstrom

Mrs. Alfred M. Rankin

RECENT FOUNDATION GRANTS

JANUARY 1, 2021 –
AUGUST 11, 2021

AHS Foundation

The Harry K. Fox and Emma
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Jewish Federation of Omaha
Foundation

The Catherine L. and Edward
A. Lozick Foundation

Elizabeth Ring Mather and
William Gwinn Mather Fund

O'Neill Brothers Foundation

The Page Foundation

The Elisabeth Severance
Prentiss Foundation

*We apologize for any errors or omissions. Please email
akatzman@hopewell.cc or contact the Development Office at
440-247-0912 so that we may correct our records.*

HOPEWELL FARM & CRAFT MARKET

Residents and staff love spending time in the art studio making spices, candles, soaps, and many other creative items. Proceeds are donated to support other local mental health organizations. Mark your calendars to visit these local craft and farmer's markets and experience Hopewell Farm & Craft Market products.

WEST WOODS WEDNESDAYS

September 8, 4:00-7:00pm
The West Woods, 9465 Kinsman Road,
Novelty, Ohio

HOMESPUN MARKET DAYS

October 2 and 3, 1:00-5:00pm
Swine Creek Reservation,
16004 Hayes Road, Middlefield, Ohio

If you cannot attend the markets, please order items from our website. www.hopewellcommunity.org/support-us/store or scan this code.



HOPEWELL COMPASSPOINTS

Hopewell
9637 State Route 534
Middlefield, OH 44062
www.hopewellcommunity.org

Hopewell provides an opportunity for adults with serious mental illness to experience a self-reliant and satisfying life through participation in a vibrant residential therapeutic farm community.

DISCOVER MORE

about Hopewell's unique program and mental health services

Facebook: <https://www.facebook.com/Hopewelltc>
LinkedIn: www.linkedin.com/hopewell-therapeutic-farm-community
Twitter: @Hopewellfarm
Instagram: @hopewellfarm
Blog: www.hopewellcommunity.org/blog

Thank you to Hopewell's 25th Anniversary Celebration Sponsors!



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