HOPEWELL COMPASSPINTS

WINTER 2015 NEWS FOR FAMILY & FRIENDS

"Takin' Care of Business"

by Candace Carlton, LISW-S

No one wants to think of traumatic brain injury, especially when it impacts a brilliant young man in his early 20s. In a heartbeat, a tragic automobile accident forever changed the life of Bill G.





After many years and treatment at other facilities, Bill came to Hopewell ten years ago. He is part of our Extended Stay Program. Last month he celebrated his 64th birthday. And he celebrated his third month as an employee at the Wal-Mart store in Middlefield.

Bill often uses song lyrics to frame his comments and observations. Today, one of his *theme songs* is the Bachman-Turner Overdrive hit, "Takin' Care of Business." But in Bill's version the chorus is, "Takin' care of business every day, takin' care of business <u>any</u> way." Whether working at Wal-Mart or as part of the farm crew at Hopewell, Bill rises to every occasion. He takes his work seriously and enjoys the personal, emotional rewards of being part of a work place and part of a community.

Since his arrival at Hopewell, Bill has enjoyed working on the farm crew. He says he has learned a great deal from our Farm Manager, Norman Wengerd, and Farm Crew Leader, Bruce McAllester. But recently it became important to Bill to, in his words, "pay my own way" (although he is not personally responsible for any of his Hopewell fees).

CONTINUED ON PAGE 4

HOPEWELL EXCEEDS ANNUAL FUND GOAL

Thank you to our generous donors for their overwhelming response to our fall Annual Fund appeal. Nearly \$250,000 was raised, exceeding our goal by more than \$52,000!

And thank you to our donors who chose to double the value of their charitable contribution. More than \$142,000 in Annual Fund gifts were matched dollar-for-dollar for our endowment by the terms of a challenge grant received from an anonymous donor.

We are also pleased to report that a record 98% of Hopewell's staff contributed to the Annual Fund.

This is a powerful testament to our strength as an institution and to the work that is being done to serve adults with serious mental illness.

Annual Fund revenue allows Hopewell to provide financial assistance to 95% of our families who otherwise would not be able to afford and experience our proven holistic model of mental health care.

Gifts may be made online at any time at www.hopewell.cc or by calling our Development Office at 440.247.0912 between 9:00am and 5:00pm weekdays.

Work as Therapy



"...love and work are the cornerstones of our humanness."

- Sigmund Freud

At Hopewell, work plays an essential role in our treatment approach and "community as healer" model of care. Our focus is on helping our residents realize a more sustained recovery and an improved level of functioning in managing their mental illness through engaging in meaningful work-related activities. This experience often leads our residents to achieve a greater sense of self-confidence and selfreliance while learning and developing meaningful work-related skills that they may choose to draw upon after leaving Hopewell.

While all members of the Hopewell community are working on their own identified goals, they also are engaged in helping and supporting each other's progress as well. For residents and staff, working together, learning together and experiencing together are all essential aspects of our dynamic, healing community.

Because Hopewell is a working farm community that focuses on engaging in sustainable practices, our work crews play a vital role in helping to maintain our day-to-day operations. Each resident, upon admission, has the opportunity to choose

to serve on a number of designated work crews. These assignments include experiences with Farm, Food Service, Garden, Maintenance and Housekeeping work crews as well as opportunities to assist in the Art Room, Woodshop and the Farm & Craft Market.

Coupled with a range of other clinical and therapeutic interventions as well as medication support, Hopewell's Work Program plays a critical role in our "whole person" approach to care. It serves to provide greater meaning and reward in helping others, an enhanced sense of self-worth, a feeling of contribution and social inclusion, and an opportunity to build on work-oriented interests and skills. Altogether, this approach aims at helping to improve our residents' overall mental health and wellness.

For more information on Hopewell's programs, call Rachael McLaughlin, Director of Admissions and Marketing /Senior Mental Health Clinician, at 440.426.2000, ext. 122.

Puland K. forgs

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CompassPoints

IS A QUARTERLY PUBLICATION FOR THE FRIENDS AND DONORS OF HOPEWELL.

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SAVE THE DATE! FRIDAY, JUNE 19, 2015 - 6PM 39100 Shaker Boulevard, Hunting Valley

Visit www.hopewell.cc/events for ticket and sponsorship information.

SUPPORT HOPEWELL EVERY TIME YOU SHOP WITH AMAZON!



Hopewell is a registered AmazonSmile organization. This is a simple and automatic way for you to support Hopewell every time you shop online. Simply visit smile.amazon.com and choose "Hopewell Inn" as your charity. The AmazonSmile Foundation will donate .5% of the purchase price from your eligible AmazonSmile purchases. Happy shopping!







15th Anniversary Summer Solstice Expected to be a Record-Breaking Event

Planning for Hopewell's June 19, 2015, Summer Solstice is well underway.

Jed Hunter, Chair of the Corporate Committee, is excited to highlight our early corporate sponsors. Thank you for your commitments!



Sponsorship makes up one-third of the Summer Solstice revenue, so it is vitally important to the success of the benefit. Please consider a sponsorship for this milestone event. More information is available by calling Hopewell's Development Office at 440.247.0912.

Hopewell also has exciting news to share regarding its auctions. The Summer Solstice silent and live auctions are the most unique in the Cleveland area. Last year's auctions raised more than \$75,000, and we expect another record-breaking event this year!

An integral part of our auction is BidPal. Hopewell has been using this mobile bidding technology since 2007. This year, we are pleased to announce some exciting changes. In the past, Summer Solstice attendees have been given mobile bidding devices at registration. For our 15th anniversary, we will be using BidPal's cellular bidding solution. What does this mean for you? It means you will be using your own smart phone at the event. A text message will be sent to you the morning of the Summer Solstice. You will be able to join our mobile auction from home or at work – before the event even begins! Simply click on the link in the text message and begin bidding.

Don't forget we have an early deadline for Summer Solstice auction donations. The deadline this year is April 30. We are still looking for one-of-a-kind antiques and collectibles, experiences, jewelry and apparel, and artwork. Please contact Hopewell's Development Office at 440.247.0912 to request an auction donation form.



"Takin' Care of Business"

(continued from cover)

To gain the readiness he would need to work outside the farm, Bill took part in a training program last summer. He held a temporary job at a grocery store in Champion, Ohio. Each day he worked, he was observed by a job coach who assessed his skills and capacity to assume a permanent job. In November, he was hired by Wal-Mart as a seasonal helper.

It didn't take long for Wal-Mart management to appreciate Bill's bright smile, outgoing personality and conscientious work ethic. He now works 20 to 25 hours per week, primarily gathering the shopping carts. Hopewell's staff provide his transportation, but Bill is "takin' care of business" independently while he is at his job.

Music means more to Bill than song titles. He began learning to play the piano while in kindergarten. His family donated the funds that allowed Hopewell to purchase the piano Bill plays as a member of the Hopewell Band. (He is proud that his skills may be heard on the band's recent recordings.)

Bill is also a member of the Resident Council. Council members gather information from their peers in order to decide what field trips to take, provide input about program changes, and assist with conflict resolution. The Resident Council empowers Hopewell residents and ensures they know they have a voice in their community. In order to be eligible to sit on the Council, a resident must have at least a 90 percent participation level in all program activities. Bill is usually at 100 percent participation.

Robert Weirich, Hopewell's Education Program Coordinator, has been assisting Bill with an online self-publishing application. Bill's

goal is to complete and publish a book of his own acrostic-style poetry. Bob reports,

Bill is a very talented and compassionate man. He is always seeking to do the best at whatever he does. It has been a pleasure playing in the Hopewell Band with him. Very often, he will "blow us away" with a blistering hot solo on the piano. Lastly, Bill is a wonderful role model for others. It has been an honor and a pleasure to work with such a fine gentleman.

So if you happen to stop at the Middlefield Wal-Mart, drop by the farm when eggs are being gathered, or catch a rehearsal of the Hopewell Band, be sure to say hello to Bill G. He'll be there, "takin' care of business" – his special way.



Candace Carlton, LISW-S, has worked at Hopewell for 14 years. As Quality Improvement and Compliance Director, she oversees the regulatory licensures, certifications and accreditations through CARF, ODMH and other bodies. Candace also oversees Hopewell's outcomes measurement process and produces the annual Outcomes Report. In 2014, she began working with Dr. Sana Loue from Case Western Reserve University on

research projects at Hopewell. Candace is a clinician with a caseload of residents, including Bill. Each week she facilitates Spirituality Group, Interpersonal Relationship Skills and the Hopewell Resident Council. She received her Masters of Social Work from Youngstown State University in 2006 and received the YSU Bitonte College of Health and Human Services Social Work Alumni of Year Award in 2014.

FROM THE WISHING WELL

Thank you for supporting Hopewell and our residents by choosing to donate materials. We are currently in need of the following for our farm and residents:

- Painting canvases and paints
- (2) Windows 7 and better laptop computers
- (5) Cisco 8 port POE switches
- (20) tickets to the Rock and Roll Hall of Fame and Museum
- Pillows
- Bath towel sets
- Work gloves
- Cotton socks for men and women
- Twin size "bed-in-a-bag" sets
- Indoor American flag with stand
- Backpack leaf blower
- 24" wood planer for woodshop
- 24" sander
- Scroll saw
- Farm tractor with bucket

Thank you to our friends **Dr. Michael E. Maguire** and **Ms. Rosemary A. Macedonio** for the donation of 40 composition books and 100 ink pens. Our residents and staff are grateful.

If you are able to help with any of our current needs, please call the Development Office at 440.247.0912.

Our Foundation Partners

Hopewell thanks the following foundations for their generous support in 2014.

AHS Foundation

Anonymous

Bicknell Fund

The George W. Codrington Charitable Foundation Robert R. and Gay C. Cull Family Foundation Corinne L. Dodero Foundation for the Arts & Sciences The Harry K. Fox and Emma R. Fox Charitable Foundation The James and Angela Hambrick Foundation Home Savings Charitable Foundation The Honor Project Trust

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Summit Charitable Events Foundation, Inc.

Michael Talty and Helen Talty Trust

Caroline E. Taylor Charitable Trust

The Triple T Foundation

Susan and John Turben Foundation

The Veale Foundation

We met the challenge!

Dear Donors.

We are happy to announce that Hopewell successfully met the terms of a \$1 million challenge grant we had received from an anonymous donor. At the December 31st deadline, we had surpassed the goal!

This means Hopewell's endowment has increased by \$1 million. Each year, income from the endowment is used to subsidize fees for residents whose families otherwise could not afford Hopewell's care.

We are deeply grateful to our anonymous donor and to all of you. On behalf of our Board, staff and especially the residents, thank you!

Sincerely,

Campaign Chair

Sally Cutler Honorary Chair

From Hopewell's Creative Writing Group

How can I find what is locked in a box? And impenetrable magic holds tight the locks But though I can't see it In its full form What shines through the cracks Is enough to keep warm.

> Yes there are gifts that could fix All my worries and fears But they're locked in the box And have been for years.

By no means does grace Come with all of my falls But one day, yes one day I'll break down those walls.

- Brett P., age 26

HOPEWELL COMPASSPOINTS

Hopewell 9637 State Route 534 P.O. Box 193 Mesopotamia, OH 44439 www.hopewell.cc

Hopewell provides an opportunity for adults with serious mental illness to experience a self-reliant and satisfying life through participation in a vibrant residential therapeutic farm community.

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Stay up-to-date on Hopewell doings and mental health information.

- Like us on Facebook at www.facebook.com/hopewelltc
- Follow us on Twitter at www.twitter.com/hopewellFarm
- Visit the blog on our website www.hopewell.cc

You will discover more about our unique program, mental health advocacy and how Hopewell is making a difference today.



Susan N. Silverberg Newest Board Member

In December, Hopewell welcomed the newest member of our Board of Directors, Susan N. Silverberg. She says, "I am excited to join Hopewell's Board because the organization is doing something unique to help people in what I sometimes think is an underserved group. I am excited to work with and learn from not only the Board, but the people Hopewell serves."

Susan has been a Financial Advisor with Merrill Lynch for over 25 years. In addition to managing her clients' assets, Susan helps to train the next generation of Merrill Lynch Financial Advisors, and sits on Merrill Lynch's Philanthropic Committee.

Since moving back to Cleveland from Washington, DC, Susan has been involved with numerous charitable organizations. She has volunteered with the Young Friends of the Cleveland Museum of Art, Fieldstone Farm Therapeutic Riding Center, Senior Outreach Services and Gilmour Academy's Golf Committee. She currently sits on the Boards of Bellefaire JCB, Domestic Violence & Child Advocacy Center and The American Friends of Magen David Adom.

Susan lives in University Heights with her fiancé Richard (to be married May 2015) and dog Tag.

Name Change "Jeopardy"

Question: From 1993 to 2014, this was

the legal name of Hopewell.

Answer: What is "Hopewell Inn?"

When Clara Rankin and the original Board of Directors purchased the current property in Mesopotamia, the main building had been a bed-and-breakfast. Envisioning Hopewell as a comforting and welcoming environment – and knowing the building would house the first residents – they chose to name the new organization "Hopewell Inn."

Over the years, the legal name has caused confusion. More important, Hopewell recently has been approached by other mental health care facilities interested in replicating the "Hopewell Model" of care. It was time to confirm our identity.

In December 2014, by unanimous resolution from the Board and with assistance from our legal counsel, James D. Wilson LLC, Hopewell applied for and was granted an official name change by the Ohio Secretary of State. We are now – officially – HOPEWELL.